

Dietary Policy

Introduction

This policy sets out the principles for food at events held by St James and St John PTFA. It is relevant to all within the association and is endorsed by the committee of St James and St John PTFA.

It will be reviewed every year to ensure that it remains appropriate to the Organisation and its volunteers needs.

Applicability

This policy is applicable to all Trustees and Committee Members who are legally responsible for the running of the association and whilst supporting the delivery of the charity's objects.

Events

This policy is applicable to all events where we provide drinks or food to participants.

Here follows examples of how we currently deal with types of events:

A. Events where parents are present:

Prior to the day an email will be sent advertising the event mentioning the options which will be available.

Easter Bake Off – there will be vegan or gluten free options. Parents will be asked that all bakes are nut free.

Fairs – sweets which are prizes include a vegan option.

Last Day Tuck Shop – sweet bags include vegan only bags.

B. Events where parents may not be present:

When PTFA are holding an event which parents may not attend there will be options offered prior to the event via school's Parent Mail voting email. Parent can choose option A or B by voting or send in a substitute of their choice.

If the child is on the school list with a dietary requirement and the parent does not confirm preference nothing will be given to the child.

Prior to the day an email will be sent to all with details of the ingredients or a poster showing the item and ingredients:

Disco/Talent Show – Poster of all food with ingredients to be circulated to all. If a parent cannot be there to monitor purchases, they can bring a named bag of nut free sweets, cannot include "may contain nuts".

Comfy Day – may include these options: Option A – none; Option B - normal hot chocolate; Option B – alternative non-dairy vegan hot chocolate; Option D – Hot blackcurrant

Easter Eggs – Option A – normal (says “may contain” so should be opened off school site); Option B – Free From

NOTE:

Chocolate we use at events will be nut free and will not say “may contain nuts”.

Changes to the policy

The Committee reserve the right to change its Dietary Policy to maintain consistency with current best practice and the needs of the Charity.

This policy will be reviewed annually by the St James and St John PTFA committee prior to the AGM.